

Prenatal Pampering

A special selection of services designed specifically for moms-to-be.

Prenatal Massage

50 min or 80 min

A pampering full body massage utilizing specific techniques to help relax and ease tired muscles and reduce excess water retention.

Prenatal Retreat

50 min or 80 min

This treatment will exfoliate your skin gently but effectively. A moisturizing massage to hydrate and elasticize your skin and a luxurious scalp massage leaves you relaxed and with silky smooth skin.

Post-Natal Restoration

50 min or 80 min

Designed specifically for the 4th trimester, this full body massage helps to realign and restore your body as it naturally adapts to being one person again.

