

Balancing Remedies

Our balancing remedies feature the healing tradition of therapeutic herbal and mineral wraps and scrubs, restorative baths and relaxing massages in luxurious combinations to shed stress, restore balance and harmony, and to invigorate the body, mind, and spirit. All 110 minute balancing rituals include a full body massage.

Yohutsya:tê: (From the Earth) Mud Wrap

80 min or 110 min

Based on the tradition of using mineral-rich medicinal mud and light massage therapy, this treatment detoxifies and relaxes sore muscles and joints. This balancing ritual includes a therapeutic mud wrap and thermal mineral bath, followed by a light massage application incorporating the medicinal benefits of sage.

Standing Stone Herbal Remedy

80 min or 110 min

This treatment includes a soak infused with evergreen and bergamot oils to re-energize the body, followed by a verbena body exfoliation infused with stimulating herbal extracts to soften the skin. The treatment finishes with a relaxing full body application of our deeply hydrating jojoba body butter.

Aséhsi' (Reawakening) Wrap and Bath

80 min or 110 min

Experience the centuries-old tradition of the beauty, art and healing power of natural elements. The body is first cocooned in an energizing clay mask. You are then immersed in a stimulating bath before a luxurious light massage application of an energizing and toning body oil.

Leaves and Flowers

80 min or 110 min

Indulge in the therapeutic benefits of minerals and essential oils derived from flowers and plants. This treatment begins with an invigorating exfoliation, after which the body is immersed in a floral or herbal mineral bath to soothe the body. A luxurious aromatherapy massage application of your chosen essential oils follows the bath.

