

# Look Your Best for Life's Biggest Moments

## Bridal Packages

### 120-100 Days Out

*Begin your bridal beauty journey.*

- Schedule a consultation at Áhsi' Wellness Center by Rome Health. Together with your provider, you'll review your goals and create a tailored plan to ensure you look and feel your best on your big day.
- Weight management and metabolic support: Ask about our Tirzepatide or Semaglutide GLP-1 treatments and Green Ultralight LED therapy.

### 90 Days Out

*Improve skin texture, tone and overall glow.*

- Neurotoxin (Dysport® or Xeomin®): Considering wrinkle relaxers? Let's get started now! This gives enough time for the treatment to take full effect and for any touch-ups.
- Radiance Renewal Erbium Skin Resurfacing Fractional Laser Peel + RF Microneedling: A powerful combination that targets both surface imperfections and deeper layers of the skin to improve texture, reduce fine lines, scars and pigmentation and stimulates collagen for firmer, smoother, more radiant skin — all with minimal downtime.
- VI Chemical Peel: Our medium-depth chemical peels help even out skin tone and reduce hyperpigmentation. If you have other concerns like tone, texture, acne and fine lines, ask your provider about our medical-grade options.
- Regenerative Treatments: Platelet-Rich Plasma (PRP) uses concentrated growth factors from your own blood to stimulate collagen and natural tissue repair. Applied to the skin and scalp, it improves tone and texture while supporting healthier, fuller-looking hair.

### 60 Days Out

*Enhance hydration and fine-tune results.*

- Facial & Lip Filler: Enhance and rejuvenate your features with Hyaluronic Acid (HA) Filler and Mini Pout for natural volume, Radiesse® for long-lasting lift and Hylenex® Lip Filler Dissolve to correct uneven or unwanted filler.
- Laser Treatment: If targeting pigmentation, redness or uneven texture, now is the latest for treatments like IPL or Erbium Fractional Laser to help refine skin with minimal downtime.
- Body Contouring: Tighten targeted areas with RF Microneedling. LED red light therapy helps tighten, while green light supports weight reduction. Lipo-Mini IM injections can help enhance energy and burn fat, recommended weekly for 6 weeks.

### 30 Days Out

*Keep hydrated and maintain your glow.*

- Neurotoxin Touch-Up: If needed, a small tweak to ensure everything looks perfect.
- Lip Flip or Subtle Enhancements: A lip flip with Xeomin adds a natural, full pout without fillers.

### Wedding Week Tips

*A flawless finish*

- IV Therapy: Feel your absolute best. Opt for just hydration or have the Inner Beauty IV, a revitalizing blend of vitamins, minerals and antioxidants that nourish your skin, hair and nails.
- Stick to your skincare routine and avoid any new treatments to prevent irritation.
- Drink plenty of water, minimize caffeine and get plenty of rest.

This is your time to shine. Let us help you feel beautiful and confident for your big day!



Brides with contracted weddings at Turning Stone Resort Casino may save up to 15% on Áhsi' Wellness Center bridal services.

Turning Stone®  
WEDDINGS

Áhsi' Wellness Center  
by Rome Health